



Dylan Walsh

SWIM COACH

Details

Lake Bluff, IL

847-850-9772

dylanpatrickwalsh@gmail.com

Links

[LinkedIn](#)

Skills

Leadership Skills

Fast Learner

Effective Time Management

Ability to Work Under Pressure

Adaptability

Interpersonal Communication Skills

Excellent Work Ethic

Social Media Platforms

Motivated Attitude

Effective Communication

Advanced Communication Skills

College Swimmer

Swim Instruction

Physical Conditioning

Exercise Science and Nutrition

Profile

Division 1 Swimmer at Southern Illinois University and an ASCA level 3 Certified Swim coach with 4+ years of experience coaching swimmers from 7-15 years old. 2+ years coaching special needs children and adults aged 11-70. I love everything about coaching and the sport of swimming. I am a true student of the sport, constantly reading articles and looking at data. After I graduate I hope to coach college swimming.

Employment History

Assistant Coach, COHO Swim Club , Deerfield

MAY 2023 – PRESENT

Coach swimmers ages 5-14 and Masters.

Help swimmers improve technique, endurance, and racing skills.

Teach developmental swimmers the basics of strokes in stroke clinics and practices.

Support Masters athletes to help them reach their fitness and competitive goals. Focus on creating a positive, encouraging and fun environment for swimmers of all levels to grow and succeed.

Freelance, EO Sports, Sydney

AUGUST 2024 – PRESENT

Support cross-functional divisions of the company to help with community engagement for different target audiences and platforms. Assist company brand and marketing departments on creative ways to share the EO Swim better product and technical analysis with the broader swimming community.

Social Media Marketing Intern, Swimcloud, Colorado

JUNE 2024 – PRESENT

Design and build posts and social media campaigns to create excitement in the swimming world through the lens of the Swimcloud brand via Instagram and Facebook.

Camp Swim Lesson Director/Lifeguard, Exmoor Country Club, Highland Park

MAY 2024 – AUGUST 2024

Managed swim activities and safety for children aged 6-13 in a summer camp setting. Successfully ran the swim lesson portion of the summer program. Managed a staff of swim instructors and created an engaging, age-appropriate curriculum to build water confidence and swimming skills. Known for maintaining a safe, fun, and supportive environment while fostering a love for swimming.

Coach / Peer Leader, Libertyville Stars Swim Team, Libertyville

MARCH 2022 – PRESENT

Volunteer Coach for swimmers 8 years and older with developmental disabilities. Provide assistance and coaching at practices and meets.

Assistant Club Coach - Head Coach 15U, Lincolnshire Swim Club, Lincolnshire

JUNE 2021 – AUGUST 2023

Developed innovative practices and drills to help elite swimmers build endurance

Hobbies

Waterskiing, Surfing, Cooking,
Playing Guitar

and perfect their strokes. Built strategic meet lineups to insure swimmers had the opportunity to swim all events and have success at meets. Regularly communicated with parents about meet strategy and their swimmers' progress and development.

Ambassador, ASCA (American Swim Coaches Association)

SEPTEMBER 2023 – NOVEMBER 2024

Assisted in Member Recruitment while learning about the functions and needs of the job as a career swim coach.

Education

Lake Forest High School, Lake Forest

AUGUST 2020 – JUNE 2023

President of National Honor Society.

Exercise Science / Kinesiology, Southern Illinois University, Carbondale

AUGUST 2024 – PRESENT

Dean's List / 4.0 GPA

Brand Ambassadorships

Mizuno Swim

MARCH 2023 – PRESENT

[Working with Mizuno USA Brand to help grow swimming community and aid in adaptation of Mizuno racing and training equipment at Local and National level competition.](#)

Insomnia Cookies - Insomnia Athlete

AUGUST 2024 – PRESENT

As an Athlete Ambassador for Insomnia Cookies, I leverage my social media platforms to enhance Insomnia Cookies' brand visibility and engagement by promoting their products! I effectively communicate my genuine enjoyment of the brand, demonstrating how it aligns with an active and fulfilling lifestyle.